



CIGNA CANCER SUPPORT PROGRAM

For customers, for families, for every step of the way.

Cancer doesn't discriminate. Anyone can develop it. And regardless of the type, a cancer diagnosis is life-changing. The risk of getting a cancer diagnosis increases with age.* But five-year survival rates for all cancers are improving, largely due to improvements in early detection, diagnosis and treatment.*

Comprehensive customer support

The Cigna Cancer Support Program is designed to help individuals and their families who are touched by cancer. We go beyond just treatment support. We offer information, assistance and care support for the entire experience - from diagnosis to treatment to remission.

In addition to providing support, we also help individuals recognize risk. We use claim information, health assessments, self identification, program referrals, doctor referrals and disability claims, to identify customers who may benefit from our program.

LEVEL 1

Surveillance

Level one supports cancer survivors. The program offers them survivorship information and 24/7 telephone access to nurses who specialize in supporting customers in remission.

LEVEL 2

Maintenance

Level two is for individuals who have had cancer in the past and still take medication or have some kind of ongoing preventive treatment. Individuals at this level receive outreach phone calls and survivorship information in the mail.

LEVEL 3 & 4

Active and active with complications

Level three and four are for individuals currently living with cancer, and those who have cancer with other complications like diabetes or chronic obstructive pulmonary disease. Individuals at this level receive support over the phone and work with nurses with oncology training to create personalized support plans.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

836087 c 03/16

Reaching out at the right moment

The Cigna Cancer Support Program works with individuals and families who have been affected by cancer. We provide access to nurses with oncology training, as well as personalized care support plans based on each person's unique needs.

Nurses support individuals by:

- › Utilizing the case management process of assessment, planning, goal setting, facilitation and advocacy to support the individual's unique health needs.
- › Talking through their doctor's treatment plan and evidence-based guidelines.
- › Resolving any gaps in care.
- › Anticipating and planning ways to avoid delays in care.
- › Helping them learn how to cope with changes to everyday life.
- › Explaining what treatments are covered under their Cigna plan.

Additional support

In addition to nurse support and personalized care support plans, individuals can take advantage of:

› Online cancer support

Located on **myCigna.com**, this online resource offers information and tools about all types of cancer, specific diagnoses and treatment options.



› Doctors and facility directories

Help individuals find care through Cigna's arrangement with the National Comprehensive Cancer Network[®]. Cigna's Collaborative Care arrangements** also provide access to quality care that can help improve cost and customer satisfaction.

- Oncologist support for utilization review and oncology care management.
- Integration with pharmacist to address medication needs.
- Behavioral support to address emotional needs.

› Hospice and palliative care support

End-of-life component focused on supporting individuals and their families as they transition to hospice or palliative care by:

- Encouraging individuals to talk about their choices before they make this transition.
- Providing emotional and clinical support to members and their families in planning this care.

Cigna is here to help your employees and their families. We're by their side when they need it most. For more information on our Cancer Support program, contact your Cigna sales representative.



The Oncology program can save \$83,751 per case per year.***

* American Cancer Society, "Cancer Facts & Figures 2015." <http://www.cancer.org/research/cancerfactsstatistics/cancerfactsfigures2015/index>, Accessed 11/13/15.

** Availability varies by location and is subject to change. For a current listing of Cigna Collaborative Care arrangements, contact your Cigna representative.

*** Cigna Analytics Core Care Management Program Evaluation, 2014. Results derived from nationwide book of business. Percentage and savings identified compared to no precert and/or care manager program. Individual client savings/results may vary.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company (CHLIC), Connecticut General Life Insurance Company (CGLIC), Cigna Behavioral Health, Inc., Cigna Health Management, Inc., and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of Arizona, Inc., Cigna HealthCare of California, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Connecticut, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of Indiana, Inc., Cigna HealthCare of St. Louis, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc. (CHC-TN), and Cigna HealthCare of Texas, Inc. Policy forms: OK - HP-APP-1 et al. (CHLIC), GM6000 C1 et al. (CGLIC); TN - HP-POL43/HC-CER1V1 et al. (CHLIC), GSA-COVER, et al. (CHC-TN). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. All pictures are used for illustrative purposes only.