

ACCESS THE MDLIVE FOR CIGNA TELEHEALTH APP

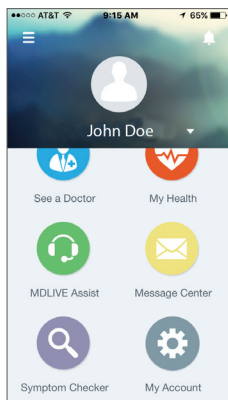
It's easy to get the care you need for minor medical conditions.

1 Download the MDLIVE for Cigna App from the App Store or Google Play.*



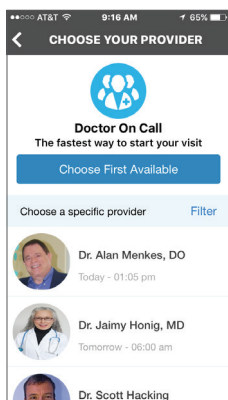
- › Log in to your existing MDLIVE for Cigna account.
- › Or, sign up for the first time on the app. It will ask about your medical history, medications, allergies and more.
- › Create a six digit PIN for easier access (if you'd like).

2 Set up an appointment.



- › Choose “See a Doctor” from the menu list.
- › Confirm the visit (who the appointment is for, location, provider type and phone number). Then, click “Continue.”

3 Choose a doctor.



- › Select “Choose First Available.” Or, “Choose a specific provider” from the list provided.
- › Select “Request Appointment.” (Choose your appointment date/time, and type of visit – video/phone).
- › During your appointment, discuss your concerns with the doctor via phone or video chat.

*The downloading and use of any mobile app is subject to the terms and conditions of the mobile app and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

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In general, to be covered by your plan, services must be medically necessary and used for the diagnosis or treatment of a covered condition. Not all prescription drugs are covered. See your plan materials for costs and details of coverage, including other telehealth/telemedicine benefits that may be available under your specific health plan.

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